



MP Plant Group's

# CONSTRUCTION QUALIFICATION GUIDE

www.mpplanttraining.com



















# MP Plant Training Price list.



□ **Page 2 - 4** – NPORS Courses

All Plant courses Novice course durations.

☐ **Page 5** – NPORS information

Explaining what different cards you can obtain from NPORS and how to achieve them.

□ **Page 5** - CPCS Courses

What CPCS courses we can offer and what card you will gain.

□ **Page 6** – CPCS information + CSCS Courses

How to extend and renew CPCS cards, CSCS courses, CSCS cards and how to gain them.

□ **Page 7** – CSCS information

The CSCS cards we can offer training for and what courses are needed for each card.

□ **Page 8** – In-house courses

Courses we can offers in-house courses and a brief description of each one.

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LANTRA courses we offer, Street works and a explanation of who LANTRA.

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All NVQ diploma's we can offer, their prices and information.

### Info:

All Prices are Excluding VAT, this will be charged at 20%. Please contact us for multi booking discounts and special offers!

Email-info@mpplanttraining.com

Website- www.mpplanttraining.com

# **NPORS:** Max 3 candidates per course

**Novice course**= Has no experience and will require several training days.

**Refresher course**= this person will need a small amount of training and test will need a copy of previous card/cert.

**EWT**= experienced worker test this is just a test with no training.

(If a person is attending a EWT please could they prove they are experienced.)

NPORS Card Application  Excavators	□ <b>Road Planer:</b> Full novice course – 1 day
Excavator 180: Full novice course – 10 days -	☐ <b>Loading Shovel:</b> Full novice course – 5 days
☐ Excavator 360: Full novice course – 10 days ☐ Excavator micro: Full novice course – 10 days	□ <b>Log Handler:</b> Full novice course – 1 day
☐ Material Re-Handler 360: Full novice course – 5 days ☐ Excavator As a Crane: Full novice course – 1 day,	Forklifts  Telescopic handler: Full novice course – 5 days Telescopic handler - Suspended loads: Full novice course – 5 days
Dumpers  Forward Tipping Dumper: Full novice course – 3 days Forward Tipping Mini Dumper: Full novice course – 3 days Rear Tipping Dump Truck: Full novice course – 4 days	☐ Industrial Counterbalance Lift Truck: Full novice course – 5 days ☐ Reach Truck: Full novice course – 5 days ☐ Rough Terrain Lift Truck: Full novice course – 5 days
☐ <b>Agricultural Tractor:</b> Full novice course – 3 days	■ Crusher: Full novice course – 1 day ■ Screener:
Dozer: Full novice course – 10 days	Full novice course – 1 day  Lorry Loader (Hiab):
□ All Terrain Vehicle: Full novice course − 1 day □ Plant loader & Securer: Full novice course − 2 days □ Plant Mover: Full novice course − 2 days	Full novice course – 2 days  Paver: Full novice course – 5 days  Asphalt Chipper: Full novice course- 2 days  Plant Machinery Marshall: Full novice course – 1 day
□ Road Roller:  Full novice course – 3 days □ Skid steer Loader:  Full novice course – 3 days □ Slinger/Signaler:	<ul> <li>Marine Knuckle Boom Crane:</li> <li>Full novice course – 1 day</li> <li>Chipper:</li> <li>Full novice course – 1 day</li> </ul>
Full novice course – 2 days  Post Rammer: Full novice course – 1 day	☐ <b>M.E.W.P Boom:</b> Full novice course − 1 day, max 4 per day



### M.E.W.P Scissor Lift:

Full novice course - 1 day, max 4 per day

### **Supervisor/ Manager courses**

☐ <b>Forklift Truck supervisor Awareness:</b> Full novice course – 1 day, max 6 candidates
☐ M.E.W.P Supervisor Awareness: Full novice course − 1 day, max 6 candidates
☐ Plant Supervisor Awareness: Full novice course-1 day, max 6 candidates
☐ Excavation Marshall Banks person: Full novice course − 1 day, max 3 candidates
☐ <b>Vehicle Marshall:</b> Full novice course − 1 day max 3 candidates
☐ Construction Site Safety Manager: Full novice course − 5 days max 10 candidates
☐ Construction Site Safety Supervisor: Full novice course −2 days max 10 candidates

### Manager/ Supervisor Refresher

To attend a Site safety Supervisor and/ or Manager refresher course you must provide a copy of your manager/ supervisor certificate from NPORS. If this certificate has expired, you will not be able to do a refresher course.

# ☐ Construction Site Safety Manager Refresher:

Full novice course – 2 days max 10 candidates

# ☐ Construction Site Safety Supervisor Refresher:

Full novice course -1 day max 10 candidates

# **NPORS Group Courses:** Based on 4-8 candidates per day.

Site Safety Awareness:
<b>Quick Hitch Awareness:</b>
<b>Abrasive Wheels:</b>
<b>Abrasive Wheels Handheld Petrol:</b>
<b>Abrasive Wheels Awareness:</b>
Cable Avoidance Tools:
<b>Harness And Fall Arrest Course:</b>
Safe Working at Height:
<b>Safety at Street and Road Works:</b>

### **NPORS Cards Explained**

### **NPORS Traditional Card**

To gain this card you must:

Pass a NPORS course.

This card lasts for 5 years and can be renewed by completing the relevant paperwork that needs to be signed by your supervisor or employer.

(You do not need to sit a Touchscreen Test. This card does not show the CSCS Logo.)

# NPORS Trained Operator Card (Red)

To gain this card you must:

 pass the Health, Safety & Environment Touchscreen Test for Operatives.

This card is in date for 2 years and cannot be renewed, you will need to complete an NVQ in the Categories listed on the back of your card for it to be upgraded.

This card is more recognised on sites as it shows the CSCS Logo.

# NPORS Competent Operator Card (Blue)

To gain this card you must:

- pass the Health, Safety & Environment Touchscreen Test for Operatives. (In date within 2 years)
- completed an NVQ in each Category shown on the reverse of your card.

This card lasts for 5 years and can be renewed.

This card is recognised on all sites and shows the CSCS Logo. (Some say it is the equivalent to a CPCS card.)









## **CPCS:**

- **☐** Agricultural Tractor-
- ☐ Excavator 360-
- ☐ Forward Tipping Dumper-
- **□** Ride on Roller-
- ☐ Telescopic Handler-
- **□** Loading shovel-
- ☐ Lifting OPS-
- ☐ CPCS Renewal Module Booking.
- ☐ CPCS Card Application

### What is a CPCS Card?

Compared to various other trade card schemes, there are very few CPCS cards available. There are three in total, which basically function as beginner, intermediate, and advanced cards.

### For a 12-month extension:

Hold a CPCS Red Trained Operator card which is in date, or within 12 months from the expiry date and Be registered for a VQ relevant to the category you will be asked to provide proof of a VQ registration This is a non-refundable fee for the services of processing the application.

A new card will be issued for 12 months (from the date of application) to enable the VQ to be achieved. Once the VQ has been achieved, you will be able to apply to Upgrade to a Blue Competent Operator card.

### **Different types of CPCS cards:**

### Trained operator card (Red)



- Pass the necessary health and safety awareness test, as determined by the Construction Industry Training Board.
- 2. Pass the CPCS theory test within two years of Step 1.
- 3. Pass the CPCS practical test within six months of Step 2.

The trained operator card is only valid for two years and it is not technically renewable. However, since it is assumed that holders of this card will be working toward achieving their competent operator card, an extension is possible.

### **Upgrading a red CPCS card:**

- 1. Hold a CPCS Red Trained Operator Card for the category which is within 12 months of expiry date if the extension has been applied for or 24 months if the extension has not been applied for
- 2. Pass the relevant CITB health, safety, and environment test within the last two years.
- 3. Achieve a VQ, with the appropriate units relevant to the category.



### **Competent Operator card (Blue)**



- Complete a Plant Operations NVQ.
- 2. Pass the necessary health and safety awareness test, as determined by the Construction Industry Training Board.
- 3. Pass the CPCS theory test within two years of Step 2.
- 4. Pass the CPCS practical test within six months of Step 3.

The blue CPCS card is valid for five years from the date of issue. Holders may prove capability in additional categories within this time frame, which will then be added to the card. However, regardless of how recently some additional categories have been completed, the expiration date remains the same: five years from the date of issue of the card.

Renewing the card is quite straightforward. The card must not have reached the expiry date, and the holder must pass both the CITB health and safety requirements and the CPCS renewal test.



### CSCS:

### **■ Full CSCS Green Labourer Course:**

This price includes the 1-day Health & Safety NPORS course and HS&E Touchscreen test with the card claim after completion.

This card is valid for five years. It is currently not possible to renew a Labourer card. However, you can apply for a new Labourer card when your existing card expires.



### **Card Requirements**

All applicants must pass the **CITB health**, **safety and environment** test for operatives and hold one of the following:

- 1 Day NPORS Safety awareness course (most common)
- An RQF Level 1/ Award in Health and Safety in a Construction Environment. Please note: the RQF Level 1 Award is a lifetime qualification.
- An SCQF Level 5 REHIS Elementary Health and Safety Certificate.
- The NOCN/CSkills Awards Construction Health and Safety (F/618/0738) unit
- A CSCS approved alternative qualification.
   Alternative qualifications with an expiry date can only be used once, so you will need to retake these qualifications in the future when you renew your Labourer card.
- **CSCS Card Application**
- **☐ Touch Screen Test Booking:**

We can book you in for the CITB health, safety, and environment test needed for All CSCS cards.

50 Multiple choice questions on a computer under testing procedures.

HS&E test OP/SPEC Download the app from the app store on your phone or tablet for help with revision.

### Type of CSCS Cards

CSCS cards provide the construction industry with a means of identity and proof of competence for individuals working on site. There are nearly 1.8 million cardholders in the UK and most major contractors, homebuilders and local authorities require employees and subcontractors to hold a valid CSCS card before allowing them access to site. There are a range of CSCS cards available which reflect the variety of occupations in the industry.



### Labourer Card (Green)

The green CSCS Construction Labourer Card is available to labourers or workers who carry out basic site skills only; it should not be used as an alternative to the Experienced Worker Card to gain access to site. (The green card was relaunched as the Labourer's card in July 2014).



### Apprentice Card (Red)

New entrants who have been registered onto an appropriate training course to achieve the S/NVQ can obtain the red CSCS Trainee Card.



### **Experienced Worker Card (Red)**

Experienced operatives working towards the S/NVQ can obtain the red CSCS Experienced Worker Card. This is valid for one year from the date of issue and cannot be renewed. By the time the card expires, the operative must have achieved the S/NVQ level in order to obtain a Skilled Worker Card.







This card is available if you are a trainee and are registered for an NVQ or SVQ (or if you are registered for or have achieved a Construction Award) but have not yet achieved an NVQ or SVQ. The trainee card is valid for three years and cannot be renewed. Prior to applying for the card applicants are required to have achieved either the CITB Health, Safety and Environment test at the relevant level for their occupation or have attended a 1-day Health and Safety Awareness Course (a copy of the certificate will be required with the application).



### Skilled Worker Card (Blue)

Qualified operatives in the Roofing sector should hold the Level 2

S/NVQ and obtain the blue CSCS Skilled

Worker Card in the at
least one of the roofing disciplines.



### Advanced Craft/Supervisory Card (Gold)

This card is available if you have either achieved a Construction Related NVQ or SVQ level 3 or you have completed an approved Level 3 apprenticeship. This card is valid for five years. All applicants must pass the CITB Health, Safety & Environment Test. For Advanced Craft occupations you should take the Operative or the Specialist test depending what your occupation is. For Supervisory occupations you should take the Supervisors test.



### Manager Card (Black)

This card is available for manager occupations subject to achievement of a Construction

related NVQ/SVQ Levels 4, 5, (or Construction related QCF Level 6 or 7) in the relevant occupation. This card is valid for five years. All applicants must pass the CITB Managers and Professionals Health, Safety and Environment Test.



### Professionally Qualified Person Card (White) & Academically Qualified Person Card (White)

This card is available to competence assessed members of CSCS approved Professional Bodies. This card is valid for five years. All applicants must pass the CITB Managers and Professionals Health, Safety and Environment Test. When you apply for this card you will need to provide your professional body membership number, level of membership (i.e. Institute of Roofing) along with a copy of your professional body membership certificate or card. If you don't have a copy of your membership certificate or membership card you can alternatively provide the name, membership number and contact number of someone of the same level or higher in the same professional body as yours, and who is prepared to recommend you, or supply a letter or email from the professional body confirming that you are a current, competent assessed member.

# In House Courses:

☐ Abrasive Wheels:	In-
5 -10 candidates	Tra
Duration- 1 Day	and
☐ Cat & Genny:	exp
5-10 candidates	qua
Duration- 1 Day	
☐ Quick Hitch Awareness:	We
5-10 candidates	son
Duration- 1 Day	
☐ Safe Working at Height:	
5-10 candidates	
Duration- 1 Day	
☐ Vehicle Marshall:	
5-10 candidates	
Duration- 1 Day	
☐ Asbestos Awareness:	
5-10 candidates	
Duration- 1 Day	
☐ Confined Space:	
5-10 candidates	
Duration- 1 Day	
☐ Emergency First Aid:	
Duration- 1 Day	
4-8 Candidates	
☐ Fire Safety Awareness:	
Duration- 1 Day	
4-8 Candidates	
☐ Manual Handling:	
5-10 candidates-	
Duration- 1 Day	
☐ Mental Health Awareness:	
Duration- 1 Day	
4-8 Candidates	
☐ Topman Awareness:	
5-10 candidates	
Duration- 1 Day	
☐ Face Fit Testing:	
5-10 candidates	
Duration- 1 Day	C>
☐ Safe Excavating Practices (HSC	<b>547):</b>
5-10 candidates	
Duration- 1 Day	3
☐ Safe Use of Harness and Lanya	ıra:
5-10 candidates	
Duration- 1 Day	

In-House courses are courses accredited by us at MP Plant Training, we tailor a course to Suit your needs, taught to NPORS and CPCS standards, ensuring you have the best learning experience, and you know everything that is needed for the qualification in mind.

We can offer almost any In-house courses so if you have something in mind that is not here feel free to contact us.





### LANTRA:

Нє	ealth and safety:
	Emergency first Aid:
	ation- 1 Day
	First Aid at Work:
Dur	ation- 3 Days
	First Aid at Work Refresher:
	ation- 2 Days
	First Aid at Work +Forestry Refresher:
Dura	ation- 2 Days
	First Aid at Work +Forestry:
	ation- 3 Days
	Emergency first Aid +Forestry: ation- 1 Day
	Fire Safety Awareness
	Mental health awareness:
LA	NTRA Plant Courses
	Agricultural Tractor:
	novice course – 3 days
	Dozer:
Full	novice course – 10 days
	Excavator 180:
Full	novice course – 10 days
	Excavator 360:
Full	novice course – 10 days
	Forward Tipping Dumper:
	novice course – 3 days
	Forward Tipping Mini Dumper:
	novice course – 3 days
	Industrial Counterbalance Lift Truck:
	novice course – 5 days
	Loading Shovel:
	novice course – 5 days
	Material Re-Handler 360:
	novice course – 5 days
	Plant loader & Securer: novice course – 2 days
	-
	<b>Plant Mover:</b> novice course – 2 days
	•
	<b>Rear Tipping Dump Truck:</b> novice course – 4 days
	Road Roller:
	novice course – 3 days
	Rough Terrain Lift Truck:
	novice course – 5 days
	Slinger/Signaler:

Full novice course - 2 days

☐ Telescopic handler:
Full novice course – 5 days
<b>☐</b> Telescopic handler - Suspended loads
Full novice course – 5 days
□ Lorry Loader (Hiab):
Full novice course – 2 days
☐ Plant Machinery Marshall:
Full novice course – 1 day

# Are my Lantra certificates and skills cards valid?

Our nationally recognized training and qualifications hold an enviable reputation for quality within the industry. To make sure this high standard is upheld, and so you can be certain any Lantra certificates and skills cards you're presented with are valid, our certificate checker is available 24/7 for you to verify details.

### What is LANTRA?

From forestry to food production, pest management to plant maintenance, the UK's fast-moving land-based industries are home to hundreds of exciting, interesting jobs and careers.

We work closely with industry bodies, employers, governments and educators to provide quality training, career guidance and partnership opportunities, giving employers and learners the skills they need to work safely and productively, while getting ready to meet the challenges of the future.



### Street works (NRASWA)

	Street works Operative (does not include Hot
	lay):
Dur	ation- 5 Days
	Unit 2 signing, lighting, and guarding:
Dur	ation- 1 Day
	<b>Street works Operative Refresher:</b>
Req	uire copy of previous card.
Dur	ation- 2 Days
	<b>Street works Supervisor:</b>
Dur	ation- 5 Days
	<b>Street works supervisor Refresher:</b>
Req	uire copy of previous card.
Dur	ation- 2 Days
	<b>Street works Full Hot lay unit:</b>
Dur	ation- 1 Days
	Street works card copy:

### Information for refresher courses:

To be eligible to sit a street work refresher course your street work card must be within 3 months past the expiry date. (For example, if your card expired in July you have August September and November to complete a refresher course.) Once you have completed the course the certificate from the course is valid for 5 years and is used to claim your new street work card.

Although it is quicker and cheaper to do the refresher course, if you have an expired street work card past the 3-month threshold or you do not have a street work card, Sitting this course will not result in any qualifications SWQR will not issue a refresher card to non-refreshed qualifications.

### **Mandatory Units:**

In order to get a card, you must complete a mandatory unit the mandatory units are: Signing Lighting and Guarding or Location Avoidance.

### Order and qualifications:

# LA- Location Avoidance of underground services.

Use of CAT & Genny identifying underground services. Understanding HSG47.

### 02- Signing, Lighting, and guarding.

Safely setting up temporary road works by following the accredited code of practice handbook.

### 03 - Excavation in the Highway

Safely digging to services. Understanding HSG47 and following the Hauc book.

# 04 - Reinstatement and compaction of backfill materials.

Identifying different backfill materials as per the specification.

# 05 - Reinstatement and compaction of sub-base in non-bituminous materials.

How many compactions passes for a given task. Identifying different layer thicknesses.

# 06- Reinstatement and compaction of cold lay bituminous materials

To break out and reinstate a patch of cold lay using bituminous materials.

# 07- Reinstatement and compaction of hot lay bituminous materials

Laying tarmac as per specifications, ensuring it is cleanly laid and work is efficiently carried out to specified needs.

# 09- Reinstatement of modular surfaces and concrete footways.

Reinstating block paving footways. Removing and reinstating different types of footways to locate services.



### Street work NRASWA card's:



### SWQR No 1234123412

Keep this card with you at all times while on site.



GARY STREETER Date of Birth 12/04/1964

**Key Certificates:** 

LA Location & avoidance of underground apparatus. Of Signing, Lighting and Guarding Expiring

22/07/2018 22/07/2018

Filand share return to 599 GPL 56 Platement Street, GLASGOW, GZ 609, 0540 ZPS ZTDS.

### If LA and O1 current, qualified in: Expiring: 22/67/2018 O2 Excavation in the road highway Q3 Reinstatement and compaction of backfill materials 22/07/2018 O4 Reinstatement sub-base and base in non-bituminous 22/07/2016 OS Reinstatement in cold-lay bituminous materials. 22/07/2018 O6 Reinstatement in hot-lay bituminous materials. 16/03/2020 O7 Reinstatement of concrete slabe 16/03/2020 OB Reinstatement of modular surfaces, concrete footways. 16/03/2020

### Operative card



### SWQR No 1234123412



Keep this gard with you at all times while on sits.



### GARY STREETER Date of Birth 12/04/1964

### **Key Certificates:**

LA Location & evoldence of underground apparatus 51 Monitoring Signing, Lighting and Guarding Expiring:

22/07/2018 08/05/2022

Fiture places return to this CR. St. Television Street, GLASGOW, GE 800, SMS 270 2750.

### If LA and S1 current, qualified to monitor:

### \$2 Excavation in the roadhighway

\$4 Reinstalement and compaction of backfill materials \$4 Reinstalement sub-base and base in non-bitaminous

\$4 Reinstatement in bituminous materials \$4 Reinstatement of concrete state

\$7 Shinklement of modular surfaces, concrete footways

### Expiring:

08/05/2022 08/05/2022 08/05/2022 08/05/2022

08/05/2022

SWQR No 1254125412

### Supervisor card



### SWQR No 1234123412



Keep this gard with you at all times while on site.



### Date of Birth 12/04/1964

GARY STREETER

Key Certificates:

LA Lecation & avoidance of underground apparatus O1 Signing, Lighting and Guarding S1 Monitoring Signing, Lighting and Guarding

22/07/2018 22/07/2018 08/05/2022

Expiring:

Filand years return to SW-QR, SR Assertant Street, GLASGOW, G2:100Q, 1045-2703-2705

### If LA and O1 current, qualified in:

O2 Exceretion in the road highway
O3 Reinstatement and compaction of backfill materials
O4 Reinstatement aub-base and base in non-bituminous

OS Flainstatement in cold-lay bituminous materials. OE Flainstatement in hot-lay bituminous materials.

O7 Reinstatement of concrete slabs
O6 Reinstatement of moduler auriaces, concrete footways

### If LA and S1 current, qualified to monitor: 52 Excavation in the road-highway

\$3 Reinstatement and compaction of backfill materials \$4 Reinstatement aut-base and base in non-bituminous

\$5 Reinstatement in bituminous materials \$6 Reinstatement of concrete slabe

\$7 Reinstatement of modular surfaces, concrete footways

SWQR No 1234123412

# Expiring: 22/07/2018 22/07/2018 22/07/2018 22/07/2018 16/03/2020 16/03/2020 Expiring: 08/05/2022 08/05/2022 08/05/2022 08/05/2022 08/05/2022 08/05/2022 08/05/2022 08/05/2022 08/05/2022

Combined operative and supervisor card



# NVQ's:

We can offer levels 2 - 6 if you have anything in mind feel free to contact us.

□ **Levels 2 - 6**